

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	1317	Jörg Schuhmachers	TV Erkelenz	TM45	1	0:16:11 (3)	1:54	1:12:52 (3)	1:06	0:39:45 (3)	2:11:47
2	1401	Andreas Erdrich	SSF Bonn Triathlon IV	TM30	1	0:18:26 (22)	1:42	1:11:48 (2)	1:29	0:39:02 (2)	2:12:27
3	1399	Tobias Hohagen	Union Biesfeld Triathlon	TM35	1	0:16:53 (7)	2:07	1:11:43 (1)	1:53	0:40:55 (5)	2:13:30
4	1378	Niclas Hackenbroch	ASV Köln II	TM35	2	0:17:25 (9)	2:03	1:15:53 (5)	1:23	0:37:31 (1)	2:14:14
5	1403	Gregor Baum	SSF Bonn Triathlon IV	TM30	2	0:18:20 (21)	1:44	1:15:25 (4)	1:31	0:43:02 (9)	2:20:01
6	1348	Max Frommann	TV Köln-Rodenkirchen I	TM20	1	0:17:33 (11)	1:55	1:20:14 (16)	1:42	0:40:20 (4)	2:21:44
7	1329	Ralf Peters	DJK Armada Euchen-Würselen	TM50	1	0:17:36 (13)	2:14	1:18:24 (8)	1:45	0:43:22 (10)	2:23:20
8	1361	André Müller	TRlandertaler Mettmann-Sport II	TM20	2	0:20:22 (53)	2:14	1:20:11 (14)	1:56	0:41:28 (6)	2:26:11
9	1382	Kai Langenberg	Triathlon Nonstop Köln e.V.	TM30	3	0:18:15 (19)	2:26	1:19:48 (12)	1:37	0:44:55 (13)	2:27:02
10	1397	Marc Grewe	Union Biesfeld Triathlon	TM50	2	0:20:37 (58)	2:40	1:16:53 (6)	2:01	0:46:00 (18)	2:28:11
11	1372	Christopher Treucker	SV Bayer 08 Uerdingen	TM30	4	0:18:15 (18)	1:54	1:21:28 (20)	1:44	0:44:51 (12)	2:28:11
12	1367	Andreas Vogt	SG Tri Power Rhein Sieg	TM40	1	0:18:09 (17)	2:08	1:20:12 (15)	1:33	0:46:41 (22)	2:28:44
13	1325	Francisco Llamas	Mach3 Köln III	TM30	5	0:15:27 (2)	1:59	1:26:12 (33)	1:42	0:44:14 (11)	2:29:34
14	1327	Sebastian Hecht	Mach3 Köln III	TM30	6	0:16:29 (4)	2:48	1:19:41 (11)	1:59	0:48:48 (32)	2:29:45
15	1371	Sven Nolte	SV Bayer 08 Uerdingen	TM35	3	0:19:53 (46)	2:42	1:17:49 (7)	1:52	0:48:09 (30)	2:30:24
16	1345	Frank Krämer	TV Köln-Rodenkirchen I	TM55	1	0:18:33 (24)	2:52	1:22:33 (23)	1:52	0:45:18 (15)	2:31:06
17	1391	Christian Bruns	TriCologne II	TM40	2	0:20:26 (54)	1:33	1:18:29 (9)	1:44	0:49:42 (34)	2:31:53
18	1402	Tobias Nagel	SSF Bonn Triathlon IV	TM35	4	0:17:34 (12)	2:02	1:23:47 (26)	1:54	0:46:41 (21)	2:31:58
19	1353	Stefan Schraets	TV Aldekerk	TM50	3	0:19:44 (43)	2:22	1:20:34 (17)	2:16	0:47:54 (28)	2:32:51
20	1380	Tom Simons	ASV Köln II	TM30	7	0:18:37 (25)	1:53	1:23:36 (25)	2:03	0:46:44 (24)	2:32:53
21	1321	Ole Haas	TG Neuss	TM35	5	0:19:51 (45)	2:53	1:26:06 (32)	1:47	0:42:46 (8)	2:33:22
22	1306	Markus Floeth	SV 19 Straelen	TM50	4	0:22:05 (74)	2:23	1:21:34 (21)	1:34	0:45:54 (17)	2:33:31
23	1326	Tobias Eichholz	Mach3 Köln III	TM35	6	0:21:01 (63)	2:30	1:21:52 (22)	1:57	0:46:24 (19)	2:33:44
24	1319	Daphne Schuhmachers-Grosch	TV Erkelenz	TW50	1	0:17:45 (14)	1:57	1:21:14 (18)	1:46	0:51:35 (48)	2:34:17

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25	1307	Sebastian Marek	SV 19 Straelen	TM40	3	0:16:48 (5)	1:57	1:27:12 (34)	1:36	0:47:12 (26)	2:34:45
26	1351	Sebastian Diekmann	TPSK Köln	TM40	4	0:21:30 (67)	2:55	1:19:00 (10)	1:55	0:49:51 (36)	2:35:10
27	1313	Jean-Christophe Nicaise	Kölner Triathlon-Team VII	TM45	2	0:17:47 (15)	3:00	1:31:04 (52)	1:38	0:42:19 (7)	2:35:47
28	1404	Jari Bertolini	SSF Bonn Triathlon IV	TM20	3	0:17:27 (10)	2:22	1:27:50 (38)	1:29	0:47:22 (27)	2:36:29
29	1344	Andreas Kahmen	Brander SV Tri Team II	TM50	5	0:24:25 (86)	2:25	1:21:23 (19)	2:52	0:45:51 (16)	2:36:56
30	1310	Nico Suchanek	Moerser TV Triathlon II	TM35	7	0:21:09 (64)	2:13	1:24:43 (29)	1:55	0:46:59 (25)	2:37:00
31	1324	Mathis Reichert	TG Neuss	TM35	8	0:22:07 (75)	2:37	1:23:06 (24)	1:10	0:48:12 (31)	2:37:11
32	1400	Lars Kamphausen	Union Biesfeld Triathlon	TM35	9	0:25:09 (93)	2:42	1:20:11 (13)	2:18	0:48:03 (29)	2:38:23
33	1366	Matthias Zelmer	SG Tri Power Rhein Sieg	TM40	5	0:19:02 (31)	2:53	1:25:19 (30)	1:50	0:50:28 (38)	2:39:33
34	1340	Michael Zaniol	Marathon und Triathlon Mülheim II	TM55	2	0:19:47 (44)	2:29	1:25:27 (31)	2:24	0:49:50 (35)	2:39:56
35	1379	Jennifer Mehring	ASV Köln II	TW35	1	0:18:20 (20)	1:42	1:32:09 (59)	1:53	0:46:29 (20)	2:40:33
36	1365	Jimmy Balla	SG Tri Power Rhein Sieg	TM40	6	0:21:24 (66)	3:36	1:30:04 (44)	1:59	0:44:59 (14)	2:42:01
37	1337	Judith Laichter	Marathon und Triathlon Mülheim II	TW25	1	0:18:28 (23)	2:46	1:27:30 (35)	1:52	0:51:34 (47)	2:42:10
38	1381	Michael Sigl	Triathlon Nonstop Köln e.V.	TM45	3	0:16:49 (6)	2:59	1:24:33 (28)	2:15	0:56:25 (65)	2:43:01
39	1314	Renan Lima Laviano	Kölner Triathlon-Team VII	TM30	8	0:19:26 (37)	2:16	1:28:31 (41)	1:47	0:51:33 (45)	2:43:33
40	1315	Thorsten Ritter	Kölner Triathlon-Team VII	TM40	7	0:19:26 (36)	2:17	1:28:06 (39)	2:11	0:51:34 (46)	2:43:34
41	1338	René Göke	Marathon und Triathlon Mülheim II	TM45	4	0:23:02 (82)	3:57	1:24:22 (27)	2:52	0:49:59 (37)	2:44:11
42	1362	Tim Milinski	TRlandertaler Mettmann-Sport II	TM30	9	0:19:55 (47)	2:02	1:27:42 (37)	2:18	0:52:22 (51)	2:44:18
43	1349	Thomas Diefenbach	TPSK Köln	TM55	3	0:21:38 (68)	2:32	1:27:37 (36)	2:08	0:51:03 (41)	2:44:58
44	1395	Hans B. Keusen	SC Pulheim Triathlon	TM55	4	0:22:17 (77)	2:06	1:34:03 (65)	1:50	0:46:43 (23)	2:46:59
45	1333	Oliver Stratmann	TSV Bayer Dormagen II	TM45	5	0:19:29 (40)	2:49	1:28:21 (40)	2:17	0:54:18 (56)	2:47:13
46	1331	Frank Hackenbruch	DJK Armada Euchen-Würselen	TM60	1	0:20:31 (57)	2:37	1:30:28 (47)	3:05	0:51:00 (40)	2:47:41
47	1308	Bjoern Schumacher	SV 19 Straelen	TM40	8	0:19:26 (37)	2:04	1:33:44 (63)	2:12	0:51:31 (44)	2:48:57

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
48	1392	Roland Feld	TriCologne II	TM50	6	0:22:10 (76)	1:51	1:30:41 (50)	2:03	0:53:11 (52)	2:49:56
49	1311	Michael Url	Moerser TV Triathlon II	TM45	6	0:20:47 (61)	2:22	1:30:57 (51)	1:59	0:53:58 (55)	2:50:04
50	1373	Sebastian Bauer	Moerser TV Triathlon III	TM50	7	0:18:53 (28)	2:07	1:30:30 (48)	2:22	0:56:25 (66)	2:50:17
51	1387	Ralf Wingerath	Tri-Team TV Schiefbahn II	TM55	5	0:20:12 (50)	3:09	1:33:30 (61)	2:43	0:51:04 (42)	2:50:39
52	1320	Marc Bartsch	TV Erkelenz	TM50	8	0:22:04 (73)	2:19	1:29:17 (42)	3:07	0:53:57 (54)	2:50:44
53	1370	Andre Schäfer	SV Bayer 08 Uerdingen	TM40	9	0:19:02 (32)	2:21	1:29:30 (43)	2:28	0:57:23 (70)	2:50:44
54	1359	Ida Haurand	M.Gladbacher TV 1848 II	TW30	1	0:20:17 (51)	2:04	1:31:28 (55)	2:03	0:56:40 (67)	2:52:32
55	1330	Jan Dolkemeyer	DJK Armada Euchen-Würselen	TM45	7	0:15:06 (1)	2:59	1:30:15 (45)	2:14	1:02:29 (83)	2:53:03
56	1346	Heiko Lindenthal	TV Köln-Rodenkirchen I	TM45	8	0:18:53 (28)	2:40	1:33:09 (60)	3:34	0:54:59 (61)	2:53:15
57	1363	Rolf Schulte	TRlandertaler Mettmann-Sport II	TM55	6	0:20:31 (56)	4:01	1:31:43 (56)	2:42	0:55:06 (62)	2:54:02
58	1328	René Alexander Nägler	Mach3 Köln III	TM35	10	0:16:54 (8)	2:31	1:32:03 (58)	2:56	0:59:57 (77)	2:54:20
59	1386	Andreas Breil-Wirth	Tri-Team TV Schiefbahn II	TM40	10	0:19:56 (48)	3:12	1:39:22 (77)	2:42	0:49:36 (33)	2:54:48
60	1376	Michael Schubbert	Moerser TV Triathlon III	TM50	9	0:23:34 (84)	3:07	1:33:42 (62)	2:38	0:52:05 (49)	2:55:07
61	1322	Marco Meister	TG Neuss	TM25	1	0:22:49 (80)	3:19	1:31:56 (57)	2:19	0:54:52 (59)	2:55:15
62	1318	Martina Laprell	TV Erkelenz	TW45	1	0:19:02 (33)	2:31	1:33:46 (64)	2:22	0:58:39 (75)	2:56:20
63	1312	Oliver Classmann	Moerser TV Triathlon II	TM35	11	0:22:44 (79)	3:06	1:30:16 (46)	3:24	0:57:47 (73)	2:57:16
64	1305	Daniel Borgst	SV 19 Straelen	TM50	10	0:19:57 (49)	2:27	1:37:01 (71)	2:24	0:55:27 (63)	2:57:16
65	1341	Philipp Niederau	Brander SV Tri Team II	TM45	9	0:20:30 (55)	2:37	1:34:20 (66)	3:09	0:57:01 (68)	2:57:36
66	1385	Jörn Breier	Tri-Team TV Schiefbahn II	TM50	11	0:19:23 (35)	2:44	1:31:21 (53)	2:13	1:02:14 (81)	2:57:55
67	1393	Susanne Fenners	SC Pulheim Triathlon	TW50	2	0:22:32 (78)	2:49	1:35:34 (70)	2:18	0:54:54 (60)	2:58:06
68	1339	Christian Belting-Clar	Marathon und Triathlon Mülheim II	TM50	12	0:19:40 (42)	2:42	1:39:25 (78)	1:58	0:54:21 (57)	2:58:06
69	1316	Eric Roth	Kölner Triathlon-Team VII	TM40	11	0:19:27 (39)	2:42	1:30:34 (49)	3:44	1:01:31 (79)	2:59:58 *
70	1384	Heiko Voigt	Triathlon Nonstop Köln e.V.	TM55	7	0:24:57 (92)	3:29	1:31:21 (54)	3:25	0:57:42 (72)	3:00:53
71	1388	Johannes Hüsich	Tri-Team TV Schiefbahn II	TM35	12	0:22:01 (70)	2:35	1:38:09 (73)	2:23	0:56:02 (64)	3:01:10
72	1374	Nelli Golzer	Moerser TV Triathlon III	TW30	2	0:25:24 (94)	2:58	1:40:49 (81)	1:29	0:51:21 (43)	3:02:02

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
73	1354	Christian Garms	TV Aldekerk	TM55	8	0:20:39 (60)	2:51	1:35:30 (69)	2:48	1:01:16 (78)	3:03:05
74	1364	Sebastian Glomb	TRlandertaler Mettmann-Sport II	TM35	13	0:19:39 (41)	2:07	1:35:20 (67)	1:42	1:05:01 (86)	3:03:49
75	1389	Kristiane Prescha	TriCologne II	TW55	1	0:24:43 (89)	4:03	1:38:20 (74)	2:44	0:54:32 (58)	3:04:22
76	1334	Tobias Pick	TSV Bayer Dormagen II	TM45	10	0:18:02 (16)	2:40	1:39:17 (76)	2:41	1:02:19 (82)	3:04:59
77	1309	Dennis Mascia	Moerser TV Triathlon II	TM25	2	0:18:43 (27)	2:52	1:35:25 (68)	2:23	1:06:03 (89)	3:05:27
78	1383	Andrei Roschkow	Triathlon Nonstop Köln e.V.	TM40	12	0:18:37 (26)	2:33	1:42:58 (84)	3:26	1:01:40 (80)	3:09:16
79	1360	Sabine Schmidt	M.Gladbacher TV 1848 II	TW55	2	0:20:38 (59)	2:47	1:44:12 (87)	2:51	0:58:57 (76)	3:09:24
80	1336	Bernd Brauer	TSV Bayer Dormagen II	TM50	13	0:21:51 (69)	5:31	1:40:33 (80)	3:08	0:58:26 (74)	3:09:29
81	1368	Martin Raum	SG Tri Power Rhein Sieg	TM30	10	0:22:03 (71)	3:36	1:49:41 (92)	2:09	0:52:06 (50)	3:09:34
82	1332	Katja Backhaus	DJK Armada Euchen-Würselen	TW50	3	0:22:04 (72)	2:55	1:38:03 (72)	3:05	1:03:35 (85)	3:09:41
83	1390	Dirk Laufenberg	TriCologne II	TM55	9	0:22:58 (81)	3:16	1:43:54 (85)	2:47	0:57:32 (71)	3:10:26
84	1377	Tobias Fettig	ASV Köln II	TM30	11	0:19:19 (34)	2:56	1:42:39 (82)	3:02	1:02:34 (84)	3:10:29
85	1356	Peter Kroppen	TV Aldekerk	TM40	13	0:24:10 (85)	2:45	1:38:55 (75)	2:32	1:05:24 (87)	3:13:47
86	1342	Josef Alt	Brander SV Tri Team II	TM55	10	0:31:56 (96)	4:43	1:45:52 (89)	3:04	0:50:46 (39)	3:16:21
87	1335	Karina Knebel	TSV Bayer Dormagen II	TW50	4	0:18:58 (30)	2:45	1:39:56 (79)	2:42	1:12:07 (93)	3:16:27
88	1394	Alper Yilmaz	SC Pulheim Triathlon	TM20	4	0:24:47 (90)	5:38	1:48:12 (90)	4:34	0:53:39 (53)	3:16:50
89	1347	Karen Scharnigg	TV Köln-Rodenkirchen I	TW45	2	0:24:26 (87)	3:35	1:50:09 (93)	2:23	0:57:21 (69)	3:17:53
90	1398	Hendrik Heider	Union Biesfeld Triathlon	TM25	3	0:23:30 (83)	2:25	1:44:46 (88)	2:32	1:07:33 (91)	3:20:47
91	1358	Klaus Klein	M.Gladbacher TV 1848 II	TM50	14	0:27:32 (95)	2:26	1:42:43 (83)	3:21	1:05:54 (88)	3:21:56
92	1355	Corinna Kubin	TV Aldekerk	TW50	5	0:24:54 (91)	2:58	1:49:02 (91)	3:40	1:06:31 (90)	3:27:05
93	1375	Julia Kaldewey	Moerser TV Triathlon III	TW25	2	0:21:13 (65)	3:13	1:56:03 (95)	3:06	1:10:31 (92)	3:34:05
94	1350	Holger Oehl	TPSK Köln	TM55	11	0:20:59 (62)	3:20	1:43:59 (86)	3:07	1:27:09 (95)	3:38:34
95	1352	Sabine Becher	TPSK Köln	TW55	3	0:20:21 (52)	2:16	1:51:56 (94)	3:44	1:23:08 (94)	3:41:25